






Atlas Sept – December 24

Week 1



W.C 2nd Sept, 23rd Sept, 14th Oct, 4th Nov, 25th Nov, 16th Dec

DAY	MAINS	VEGGIE	SIDES	SANDWICHES	DESSERTS
MONDAY	Cheese & Onion Pasties 	Roast Vegetable Pasties 	Crushed New Potatoes Mixed Veg	Sandwiches Not Available	Shortbread Biscuits 
TUESDAY	All Day Breakfast 	All Day Veggie Breakfast 	Scrambled Eggs Potato Hash Beans Toast 	Cheese Egg Tuna 	Apple & Cinnamon Sponge with Custard 
WEDNESDAY	Roast Chicken	Cauliflower Cheese 	Yorkshire Pudding Roast Potatoes Gravy Veg 	Sandwiches Not Available	Beetroot Brownie 
THURSDAY	Chicken Paella	Vegetable Paella	Mixed Veg Homemade Bread 	Cheese Egg Tuna 	Melon or Pineapple Slices
FRIDAY	Fish Fillets 	Sweetcorn Fritters 	Chips Beans / Peas Ketchup	Sandwiches Not Available	Ice Cream 

Jacket Potatoes, Pasta, Salads, Fruit and Yoghurt Served Daily

Atlas Sept – December 24

Week 2



W.C 9th Sept, 30th Sept, 21st Oct, 11th Nov, 2nd Dec

DAY	MAINS	VEGGIE	SIDES	SANDWICHES	DESSERTS
MONDAY	Cottage Pie 	Roasted Root Cottage Pie 	Mixed Vegetables Gravy	Sandwiches Not Available	Vanilla Sponge 
TUESDAY	Cheese & Tomato Pizza  	Cheese & Tomato Pizza  	Homemade Wedges Mixed Vegetables	Cheese Egg Tuna    	Fruit & Yoghurt 
WEDNESDAY	Roast Sausage  	Roast Quorn Sausage 	Yorkshire Pudding Mashed Potatoes Gravy Veg   	Sandwiches Not Available	Fruit Biscuits 
THURSDAY	Chicken Tagine	Spiced Vegetable Tagine	Spiced Lemon Cous Cous Mixed Veg   	Cheese Egg Tuna    	Peach Upside Down Cake 
FRIDAY	Fish Fingers  	Veggie Burritos  	Chips Beans / Peas Ketchup	Sandwiches Not Available	Ice Cream 

Jacket Potatoes, Pasta, Salads, Fruit and Yoghurt Served Daily

Atlas Sept – December 24

Week 3



W.C 16th Sept, 7th Oct, 28th Oct, 18th Nov, 9th Dec

DAY	MAINS	VEGGIE	SIDES	SANDWICHES	DESSERTS
MONDAY	Crispy Mac & Cheese  	Tomato Pasta 	Garlic Bread Mixed Veg  	Sandwiches Not Available	Sticky Toffee Pudding  
TUESDAY	Chicken Shawarma  	Hummus & Falafal Pittas 	Salad Pickles Crispy New Potatoes	Cheese Egg Tuna    	Melon or Pineapple Slices
WEDNESDAY	Roast Chicken	Veggie Wellington 	Yorkshire Pudding Mashed Potatoes Gravy Veg   	Sandwiches Not Available	Vanilla Biscuit 
THURSDAY	Chilli Con Corne 	Veggie Chilli	Steamed Rice Green Beans	Cheese Egg Tuna    	Chocolate Sponge & Custard   
FRIDAY	Beef Burgers    	Veggie Burgers  	Chips Beans / Peas Ketchup	Sandwiches Not Available	Ice Cream 

Jacket Potatoes, Pasta, Salads, Fruit and Yoghurt Served Daily