

# Astrea Atlas Week 3



	MAINS	VEGETARIAN	SIDES	SANDWICHES	DESSERT
MONDAY	BEEF BURGER IN A BUN  	VEGETABLE BURGER  	STEAMED SEASONAL VEGETABLES POTATO WEDGES		FRUIT YOGHURT 
TUESDAY	BEEF CHILLI	ROASTED CAULIFLOWER CURRY	STEAMED WHITE RICE SEASONAL VEGETABLES	CHOICE OF - TUNA CHEESE EGG    	OAT COOKIE   
WEDNESDAY	ROASTED CHICKEN WITH ROAST POTATOES AND YORKSHIRE PUDDING   	ROASTED VEGETABLE PIE  	ROAST POTATOES SEASONAL VEGETABLES		CHOCOLATE AND BEETROOT BROWNIE   
THURSDAY	CHICKEN AND SWEETCORN PIZZA  	HOMEMADE CHEESE PIZZA  	BOILED NEW POTATOES MIXED SEASONAL VEG	CHOICE OF - TUNA CHEESE EGG    	FRESH CUT FRUIT TOPPED WITH YOGHURT 
FRIDAY	MSC CERT FISH FINGERS AND CHIPS  	CHEESE AND ONION PASTY   	CRISPY CHIPS BAKED BEANS		ICE CREAM POT 